

**Amendments to the Claims**

This listing of Claims will replace all prior versions and listings of claims in the application:

**Listing of Claims**

1. (Currently amended) A seat portion for a seat, which seat portion comprises at least a first part which is made of a first plastics foam material of a first [[density]] hardness, and a second part which is made of a second plastics foam material of a second and [[different density]] lesser hardness; and in which the first and the second parts are the only parts in the seat portion which provide a posterior-supporting function; the second part is in the form of an insert which fits into a complementarily shaped recess in the first part and does not extend into a backrest portion for the seat; the insert substantially fills the recess; and the insert comprises a pair of pads which are positioned so as to be underneath the cheeks of the posterior of a person sitting on the seat portion, and a pair of legs which are positioned so as to be underneath the thighs of the person sitting on the insert.
2. (Cancelled).
3. (Cancelled).

4. (Currently amended) A seat portion according to claim ~~[3]~~1 in which the pads and the legs have curved faces which engage complementarily curved faces in the recess.
5. (Cancelled).
6. (Previously presented ) A seat portion according to claim 1 in which the second part does not have any voids of the type used to increase flexibility and/or save plastics foam material.
7. (Original) A seat portion according to claim 1 in which the second part is in the form of a surface-mounted addition which rests on an upper surface of the first part.
8. (Previously presented ) A seat portion according to claim 1 in which the second part is fixed to the first part.
9. (currently amended) A seat portion according to claim 1 in which the second part is ~~is~~movable with respect to the first part.
10. (Previously presented) A seat portion according to claim 1 and including a heating element.

11. (Currently amended) A seat ~~including~~ including a seat portion according to claim 1.
12. (Original) A seat according to claim 11 and including a backrest portion.
13. (Currently amended) A seat according to claim 12 in which the backrest portion comprises a main part which is made of a plastics foam material of a first ~~hardness~~ ~~density~~ hardness, and a support part which is made of a plastics foam material of a second and ~~different density~~ lesser hardness.
14. (Original) A seat according to claim 13 in which the support part is fixed to the main part.
15. (Currently amended) A seat according to claim 13 in which the support part is ~~moveable~~ movable with respect to the main part.
16. (Previously presented) A seat according to claim 13 in which the main part is such that it increases in thickness in a direction towards the seat portion.

17. (Previously presented.) A seat according to claim 13 in which the support part is a rectilinear support part.
18. (Original) A seat according to claim 17 in which the rectilinear support part is conical in shape with longest sides extending towards the seat portion.
19. (Cancelled).
20. (Previously presented.) A seat according to claim 12 and including a peripheral frame which extends around the periphery of the backrest portion.
21. (Previously presented.) A seat according to claim 12 and including a headrest portion.
22. (Cancelled).
23. (currently amended) A seat portion according to claim ~~[22]~~<sub>1</sub> in which an under surface of the second part has protuberances, and ~~[(the)]~~<sub>an</sub> upper surface of the first part has recesses complementary in shape to the protuberances.
24. (Cancelled).